

Dr James Yu is an Australian trained interventional pain specialist and consultant anaesthetist.

Following completion of his specialist anaesthetic training at St George Hospital, he pursued further training in Pain Medicine at Prince of Wales Hospital, completing his Fellowship in Pain Medicine. He was awarded the Merit Award from the Faculty of Pain Medicine Fellowship Examination in 2011.

Dr James Yu is a highly skilled Interventional Pain Specialist with a management approach that has prevented the need for extensive surgery and reduced pharmacological therapy.

For chronic pain sufferers, he will assess and select appropriate patients for treatment options including:

- Spinal Injection
- Nerve Block
- Joint injection
- Platelet Rich Plasma (PRP) injection
- Radiofrequency (RF) treatment
- Spinal Cord Stimulation (SCS)
- Intrathecal Drug Delivery System
- Ketamine infusion

For more Information,  
Videos and Resources,  
visit our website.

**[advancedspinepain.com.au](http://advancedspinepain.com.au)**

## Locations

Waratah Private Hospital  
Suite 705, Level 7, 31 Dora Street  
Hurstville NSW 2220

Prince of Wales Private Hospital  
Suite 24, Level 7, Barker Street  
Randwick NSW 2031

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## Dr James Yu

MD, FANZCA, FFPMANZCA, FIPP

Interventional Pain Specialist

## About Dr Yu

Dr James Yu is a board-certified Interventional Pain Specialist and Consultant Anaesthetist with Fellowships from the Australian and New Zealand College of Anaesthetists (FANZCA), Faculty of Pain Medicine of the Australian and New Zealand College of Anaesthetists (FFPMANZCA), and Interventional Pain Practice of the World Institute of Pain (FIPP).

Dr Yu is the Medical Director of Advanced Spine & Pain (ASP), a multi-disciplinary pain management practice, with centres in various locations in Sydney. He also serves as the Medical Director of ASP Rehab and the REGAIN Multidisciplinary Pain Management Program. Dr Yu delivers gold standard interdisciplinary pain management approach to chronic pain patients to facilitate better recovery and self-management of pain through the REGAIN program.

His passion for clinical research and evidence-based practice inspired him to establish Australian Medical Research (AMR), a private clinical research facility that works closely with pharmaceutical and medical device companies to conduct high-quality clinical studies. Dr Yu has been a primary investigator for clinical trials involving novel spinal cord stimulators, intra-discal injections, and pain medications.

Recognised by his peers for his expertise, Dr Yu is an examiner and training unit assessor for the Faculty of Pain Medicine (FPM). He has recently been appointed by the FPM as a supervisor for its pilot program to teach interventional pain procedures to pain fellowship trainees. He is the co-chair of the FPM NSW Regional Committee.

He is an Executive Board Member of the Neuromodulation Society of Australia and New Zealand (NSANZ) since 2017.

## Qualifications

- MD, Doctor of Medicine
- Fellow, Australian and New Zealand College of Anaesthetists (FANZCA)
- Fellow, Faculty of Pain Medicine, Australian & New Zealand College of Anaesthetists (FFPMANZCA)
- Fellow, Interventional Pain Practice, World Institute of Pain (FIPP)

## Area of Interest / Expertise

- Neuropathic pain
- Complex spinal pain (Back pain and neck pain)
- Persistent postoperative pain
- Complex Regional Pain Syndrome (CRPS)
- Failed Back Surgery Syndrome (FBSS)
- Joint pain (shoulder, knee and hip pain)
- Abdominal and groin pain
- Migraines and facial pain
- Widespread body pain



## Affiliation and Membership

- Faculty of Pain Medicine (FPM)
- Australian Pain Society (APS)
- Australian and New Zealand College of Anaesthetists (ANZCA)
- Australian Medical Association (AMA)
- International Neuromodulation Society (INS)
- International Association for the Study of Pain (IASP)
- World Institute of Pain (WIP)
- Spine Intervention Society (SIS)

## Languages

- English
- Mandarin
- Cantonese
- Bahasa Malaysia

## Multidisciplinary Pain Management Team

Dr Yu works with a diverse team of professionals offering a multi-disciplinary approach to patient care including:

- Psychiatrist
- Rehabilitation Physician
- Psychologist
- Physiotherapist
- Registered Nurse